

# Buffalo Valley October 2019 Breakfast



KEYSTONE  
FOOD SERVICE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Pancake on a Stick Cereal Fruit Juice Milk	2 Biscuit and Gravy Cereal Fruit Juice Milk	3 Breakfast Pizza Cereal Fruit Juice Milk	4
7 Pancake Sausage Patty Cereal Fruit Juice Milk	8 Toast Scrambled Eggs Cereal Fruit Juice Milk	9 Biscuit and gravy Cereal Fruit Juice Milk	10 Donut Holes Cereal Fruit Juice Milk	11
14 Sweet Waffle Sticks Cereal Fruit Juice Milk	15 Yogurt Parfait Cereal Fruit Juice Milk	16 Chicken Biscuit Cereal Fruit Juice Milk	17 Cinnamon Roll Cereal Fruit Juice Milk	18
21 French Toast Sticks (3) Cereal Fruit Juice Milk	22 Pancake on a Stick Cereal Fruit Juice Milk	23 Toast Breakfast Scramble Cereal Fruit Juice Milk	24 Biscuit and Gravy Cereal Fruit Juice Milk	25
28 Pancake (1) Sausage Patty Cereal Fruit Juice Milk	29 Cinnamon Toast Scrambled Eggs Cereal Fruit Juice Milk	30 Biscuit and Gravy Cereal Fruit Juice Milk	31 Halloween Muffin Ghost Stick Cereal Fruit Juice Milk	1

# Buffalo Valley October 2019 Lunch



KEYSTONE  
FOOD SERVICE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Hamburger Steak Mashed Potatoes and Gravy Dinner Roll Fruit Milk Salad Bar	2 Pizza Round Garden Salad Baby Carrots Fruit Milk Salad Bar	3 Homemade Chicken Burrito Refried Beans Chips and Salsa Fruit Milk Salad Bar	4
7 Hot Dog Baked Beans Coleslaw Fruit Milk Salad Bar	8 Frito Chili Pie Chili Beans Fruit Milk Salad Bar	9 Chicken Fajitas Mexican Salad Chips and Salsa Fruit Milk Salad Bar	10 Cheeseburger Tater Tots Baby Carrots Fruit Milk Salad Bar	11
14 Country Fried Steak Mashed Potatoes and Gravy Green Beans Dinner Roll Fruit Milk Salad Bar	15 Chicken Taquitos Refried Beans Chips and Salsa Fruit Milk Salad Bar	16 Baked Potato Bar Baby Carrots Pulled Pork Dinner Roll Fruit Milk Salad Bar	17 Calzone Caesar Salad Fruit Milk Salad Bar	18
21 Breaded Chicken Sandwich Italian Salad Baby Carrots Fruit Milk Salad Bar	22 Biscuit and Gravy Sausage Patty Scrambled Eggs Breakfast Potatoes Fruit Milk Salad Bar	23 BBQ Chicken Breast Baked Beans Corn Dinner Roll Fruit Milk Salad Bar	24 Pizza Pasta Breadstick Green Beans Fruit Milk Salad Bar	25
28 Spaghetti with Meat Sauce Garlic Knot Caesar Salad Green Beans Fruit Milk Salad Bar	29 Pineapple Glazed Ham Roasted Carrots Loaded Mashed Potatoes Dinner Roll Fruit Milk Salad Bar	30 Nacho Bar (Beef, Queso, Beans, Chips) Salsa Fruit Milk Salad Bar	31 Mummy Dogs Witches Fingers Worm Dirt Bat Eyeballs Milk Salad Bar	1